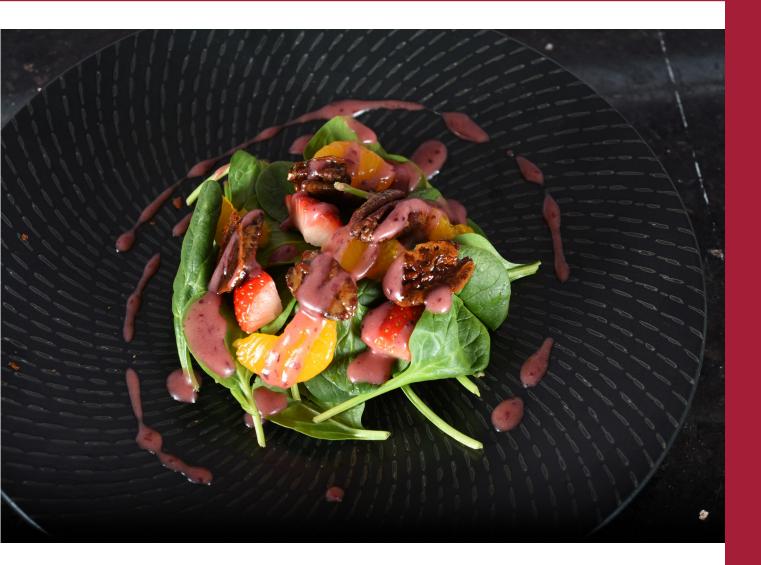


Breakfast & Lunch Menu



HOT COMBOS

S









Banana Oatmeal Pancakes 2 pancakes, 2 slices of bacon. hashbrown potato patty, butter, syrup & strawberry compote \$14.15

Beyond Breakfast

Gluten free Beyond sausage, scrambled eggs, grilled tomato & country potatoes \$14.65 GF VEG

Breakfast **Burritos**

12" flour tortilla filled with scrambled eggs, bacon, bell peppers & a three cheese blend. Served with salsa, sour cream & a potato patty. \$19.00

Gluten Free \$22.00

Canadian

Classic Scrambled eggs, country potatoes, maple bacon, Spolumbo's sausage & mini croissant. Butter, jam & peanut butter \$16.95

Ukrainian Breakfast

Pan-fried perogies

topped with onion

served with sour cream, pork break-

fast sausages &

\$19.70

scrambled eggs.

Farm Bagel

spinach, tomato, & cheese with fresh fruit

Veggie Lettuce Wrap

Hummus, veggies & tofu served with grilled tomato & roasted potatoes \$16.15 GF VG



Gluten Free GF Vegan VG Vegetarian





Bagel, egg, ham,

\$17.45

À LA CARTE

Banana Oatmeal Pancakes Includes maple syrup, butter & strawberry compote (2pc) \$9.25

Breakfast Tray

Selection of house pastries, mini croissants, muffins & Danish (3 pieces per person) **\$8.00**

Waffles

Includes whipped cream, butter & syrup (2pc) **\$9.75**

French Toast

Berry compote & maple syrup **\$10.95**

Spolumbo's Chicken Apple Sausage (1pc) \$4.00

Pork Breakfast Sausage (2pc) \$2.50 Pancakes Includes butter & syrup (2pc) \$5.00 Quesadilla Flour tortilla, cheese, ham, onion, bell pepper & side salsa \$13.50



OTHERS

Breakfast Parfait

Creamy yougurt layered with fresh berry compote & housemade granola \$3.55

Simply Continental

Selection of house pastries, mini croissants, muffins & Danish, with fresh fruit salad, butter, jam & peanut butter **\$13.00**

GLUTEN FREE

Country Potatoes 3oz \$3.65 vg

Fruit Platter Pineapple, cantaloupe, honeydew, berries & orange \$6.95 vg

Ham Slice 3oz \$4.25

Maple Bacon (2 Slices) \$2.85

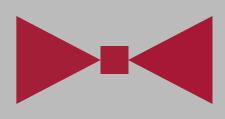
Melon Fruit Platter Watermelon, cantaloupe &

honeydew \$5.50

Hash Brown Potato Patty (1pc) (s \$2.00

Scrambled Eggs (2pc) \$3.55

HOT COMBINATIONS Minimum order of 10 per meal



AAA Alberta Beef Dip Includes freshly baked baguette & Fresh garden

salad

GF

\$23.25

AAA Beef Short **Rib Medallion** Includes creamy mashed potatoes & seasonal vegetables \$31.15 GF

Butter Chicken Includes steamed basmati rice & naan bread \$19.45

Lemon Grass Chicken Includes jasmin rice & seasonal vegetables 18.35 GF

Pan Seared Salmon Includes seasonal vegetables & rice. \$21.50

Vegetarian Lasagna with garlic bread \$17.00



Tofu & Vegetable Stir Fry Includes jasmin rice \$21.50 GF VG

Beef Lasagna with garlic bread \$19.15





SANDWICHES & WRAPS

AAA Roast Beef

Shaved roast beef, horseradish aioli, caramelized onion, arugula & cheddar cheese \$12.55

BBQ Pulled Pork

Smokey BBQ pulled pork & creamy coleslaw salad on a bun \$14.95

Chicken Salad

Tender chopped chicken, mayo, green onion, bell pepper & crisp lettuce **\$12.50**

Egg Salad

Fresh eggs, mayo, green onion, dill pickles, green leaf lettuce on brioche bread \$13.85

Ham & Cheese

Black forest ham, cheddar, fresh tomato, mayo & crisp lettuce **\$9.95**

Tuna Salad

Mayo, fresh dill, green onion, green leaf lettuce **\$14.35**

Lettuce Wrap

Fresh cucumber, carrot, bell peppers, tomato, avocado, hummus & alfalfa sprouts with vegan siracha aioli \$13.75 G VG

Smoked Turkey Club

Smoked turkey, roasted garlic aioli, smokey bacon, avocado, arugula, tomato & cheddar on sourdough bread **\$20.25**

Finger Sandwiches

Classic sandwiches cut into 4 pieces. Includes egg salad, tuna salad, chicken salad & cucumber with Boursin cheese. Min. order 10 **\$11.00**

Assorted Sandwiches

Chef's choice selection. Min. order 10 \$14.00 Build Your Own Sandwich Includes assorted deli meats, cheese & condiments *1.5 sandwiches per person \$19.00

Gluten Free	GF
Vegan	VG
Vegetarian	VEG

Cheese & Charcuterie

Cheddar, smoked gouda, Genoa salami, hot Calabrese salami, mortadella, crackers & crostini \$9.95

Cubed Cheese

Swiss, cheddar, jalapeño Havarti, smoked gouda, marble cheese & crackers \$8.00

International Cheese

Domestic Cheese

Swiss, old cheddar, smoked gouda, jalapeño Havarti & brie with grapes & crackers \$9.00

Bleubry, Cendrillion, Aged Caprano, Cantonnier, Cedre de Lune, Sir Laiurier, grapes, crackers, candied nuts & housemade compote **\$18.55**



PLATTERS

Charcuterie

Hot Calabrese salami, Genoa salami, prosciutto, bratwurst sausage, honey garlic pepperoni, housemade mustard with fresh & toasted baguette \$15.25

Melon Fruit

Watermelon, cantaloupe & honeydew \$5.50

GF VG

Cold Meat Deli turkey, roast

beef, ham & pastrami \$15.55

Mediterranean Antipasti

Prosciutto, hot Calabrese salami, hummus dip, roasted bell peppers, artichokes, pickled veggies, herb marinated feta & grilled pita bread \$13.50

Garden Vegetable

Roasted

(seasonal)

\$4.35 GF VG

Vegetable

Eggplant, zucchini,

cremini mushroom,

bell pepper, carrot &

broccoli served cold

Crudites red bell pepper, carrot, cherry tomatoes celery, cucumber & broccoli with choice of dip \$5.50 GF

Fruit

Pineapple, cantaloupe, honeydew, berries & oranaes \$6.25



Pickled

An assortment of sesonal pickled vegetables \$4.25



GF Gluten Free Vegan 🚾 Vegetarian



Smoked Tomato Bisque \$6.00

GF VEG

Minestrone Soup \$7.50

VEG GF

Seafood Chowder \$13.75 GF

Roast Butternut Squash Bisque \$8.50 GF VG

Add-Ons Beef Skewer (2pc) \$9.50 GF

Chicken Skewer (2pc) \$6.45 GF

Hardboiled Egg (1pc) \$1.50 GF

Shrimp Skewer (2pc) \$13.65 GF

Vegetable Skewer (2pc) \$5.35 GF VG

Tofu \$3.25 GF VG

SOUP SALADS 8

Greek

Cucumber, bell pepper, tomato, red onion, feta cheese, Kalamata olives & Greek dressing Side: \$8.85 Dinner: \$10.50

GF VEG

Cucumber

Red onion, cucumber, dill, yogurt & sour cream Side: \$4.50



Fresh Garden Lettuce mix,

carrot, cucumber, cherry tomato, red cabbage & choice of dressing or vinaigrette Side: \$6.00 Dinner: \$8.50



Pasta

Pasta, roasted red pepper, spinach, cherry tomato, Asiago cheese & Italian dressing Side: \$9.65



VEG

Caesar

Romaine lettuce, Parmesan cheese, croutons & Caesar dressing Side: \$6.25 Dinner: \$10.25

VEG

Potato

Baby potatoes, celery, red bell pepper, dill pickles & homemade creamy dressing Side: \$5.00



Mandarin Berry Spinach

Fresh spinach, mixed berries, almonds, housemade berry vinaiarette Side: \$8.95 [GFn VEG\$12.50

Coleslaw

Green cabbage, red cabbage, shredded carrot & coleslaw dressing Side: \$4.50



DESSERT



Chocolate Covered Strawberry Fresh organic strawberry dipped in pure white & dark Belgian chocolate (1pc) \$3.50 GF

Cookie Platter An assortment of cookies (1pc) \$2.15



Chocolate Dipped Cookie Freshly baked cookies dipped in premium Lindt chocolate (1pc) \$3.50

Finger Desserts

A sweet array of scrumptious cakes, sinful brownies & irresistible squares (2pc) \$4.85



European Pastries Delicate cream puffs, luscious tarlets, bite-sized dainty cakes (2pc) \$7.75

Fruit Skewer

Choice of plain, dusted with coconut or drizzled white & dark chocolate (1skewer) \$5.00

Gluten Free Items Brownie Cookie \$7.95 \$7.15

BEVERAGES

Assorted Pop Bottled Water 100% Fruit Juice Bubly Iced Tea **\$2.75**

Perrier Water San Pellegrino **\$3.75** Coffee or Assortment of Herbal Teas *Includes disposable cups, cream, sugar, stir sticks 10 cup - \$20.00 35 cup - \$65.00 50 cup - \$80.00 100 cup - \$140.00



NOTES



- Delivery, labour & GST are additional
- •Orders must be recieved 48 hours in advance *Last minute orders may be possible*
- All items subject to availability
- Special orders are subject to additional charges

- Includes chafing dishes for hot food
- Individual packaging available
- •Does not include disposable plates, cutlery or napkins
- •Most menu items can be customized to be gluten free & vegetarian/vegan, please ask for details

•Although we endeavor to accommodate those guests with food restrictions and/or alleries, we cannot guarantee the items ordered are 100% free of noted food restrictions or allergies



GET IN TOUCH

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